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AUTHOR	Spock, Benjamin
TITLE	Dr. Spock's the First Two Years: The Emotional and Physical Needs of Children from Birth to Age Two.
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IDENTIFIERS	First Time Fathers; First Time Mothers; Sleep Disorders

ABSTRACT

Compiling essays authored by Benjamin Spock and published in popular magazines, this book examines the emotional and physical needs of infants and toddlers. The chapters are: (1) "Communicating with Your Baby: Reading Your Baby's Cues," including information on crying, motor behavior, squealing, and parents' responses; (2) "Parents' Biggest Newborn Concerns," discussing concerns such as floppy head, SIDS, breastfeeding, breathing patterns, and jaundice; (3) "Choosing a Doctor for Your Baby," encouraging parents and doctors to work at building an alliance; (4) "The Arrival of the New Baby," focusing on feeding decisions, preparing the family for the new baby, and circumcision choices; (5) "How Much Regularity to Infant Feeding?"; (6) "Beginning Solids"; (7) "Poor Eaters"; (8) "Common Physical Problems," such as teething, colds, and ear infections; (9) "Stranger Anxiety"; (10) "Transitional Objects," including thumb sucking; (11) "Sleep Problems"; (12) "Toilet Training"; (13) "Discipline and Temper Tantrums: An Opportunity for Parent-Child Communication and Learning"; and (14) "Can You Spoil a Child?" (KB)

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